



# ARCO SAFE TOOL BOX TALKS

## Personal Protective Equipment – Head Protection



*Thousands of head injuries occur each year in construction. Head injuries are caused by falling objects, flying objects, bumping against fixed object, or electrical shock.*

*Hard hats are a very common and sensible requirement on construction sites. Hard Hats are required AT ALL TIMES on ARCO construction sites.*

### **When using a hard hat know these things:**

- Remember that on ARCO jobsites you will always be required to wear a hard hat
- Know which hard hat is necessary for your job
- Understand how to adjust your hard hat to fit you comfortably
  - If you don't know how, ASK!
- Be sure to take proper care of, and maintain your hard hat
  - Hard hats are deemed defective if they are cracked, dented, chalky or dull looking, or if they have experienced an incident
  - Wash your hard hat once a month in warm, soapy water and rinse thoroughly
  - Don't paint a hardhat because paint contains solvents that may reduce a shell's protection
  - Pay attention to the suspension device within your hard hat and if damage is observed replace immediately
  - Do not put holes in hard hat for ventilation
  - Do not store hard hat in direct sunlight
- Always keep your ARCO SAFE orientation sticker on your hard hat while on an ARCO jobsite

**DANGER**

**HARD HAT  
AREA**



**Wear Your  
Hard Hat**

Or  
Have Your  
Head  
Examined!



**PPE – Head Protection**